



## The Care Workers' Charity Annual Trek

### This is more than a trek - it's a chance to make a difference

Join us for a stunning one-day trek through the Thames Footpath and The Ridgeway. Choose between a half-marathon or full-marathon route, both guided by experienced trek leaders.

Traverse scenic stretches of the River Thames, pass through charming Oxfordshire villages and follow the iconic Ridgeway, Britain's oldest road.

**Entry Fee:** £65 per person

**Fundraising Target:** £500 minimum per participant



**11th September 2025**

a great way to start Professional Care Workers' Week

For further information scan the QR code

or visit:

**[www.thecareworkerscharity.org.uk](http://www.thecareworkerscharity.org.uk)**



Join us on the 11th September 2025 for our Annual Trek!

Goal: Raise £500 for The Care Workers' Charity

### **Who Should Join?**

Caregivers, supporters, and advocates – this trek is for everyone who believes in the power of care. Whether you're a professional care worker or someone passionate about the cause, come together with kindred spirits to celebrate the incredible impact of care in our communities.

### **Ready to make a difference? Here's how you can get involved:**

Sign up via our website.

Follow us on social media to be part of the conversation and share your enthusiasm for the cause.

Use the hashtags  
#CWCTrek #CWCChallenge

Join us in making this Annual Trek the biggest and best yet. Together, let's stride towards a brighter future for those who dedicate their lives to the well-being of others.

[www.thecareworkerscharity.org.uk](http://www.thecareworkerscharity.org.uk)